## **Our Vision**

Our vision is to ensure every individual has the opportunity to achieve and sustain optimal wellness.

The Washington Drug and Alcohol Commission is the Single County Authority (SCA) for drug and alcohol services in Washington County.

Washington Drug and Alcohol Commission provides mobile Case Management for those individuals in institutionalized settings, such as a hospital and for other social service providers such as Children and Youth, the Washington County Correctional Facility and the Adult Probation Office.

Treatment services are provided through contracts with state licensed agencies. Services are available to all Washington county residents regardless of their ability to pay.

Preferential treatment services are available for pregnant women.

For further information, or to schedule an appointment, please call:

724-223-1181

All contacts with Case Management and Recovery Supports are treated in a CONFIDENTIAL manner.



90 West Chestnut Street Suite 310 Washington, PA 15301

Phone: 724-223-1181 or Toll Free 1-800-247-8379

Website: wdacinc.org
Facebook Pages:
Washington Drug & Alcohol
Commission,
Prevention at Washington Drug and
Alcohol Commission



# **Drug and Alcohol**

Case
Management
&
Recovery Supports



## Case Management

The Case Management Unit of the Washington Drug and Alcohol Commission provides three distinct services:

- Screening and Assessment
- Case Coordination
- Recovery Support

### Screening and Assessment

Clients with confirmed or suspected substance abuse problems who live in Washington County can call the number listed below. The caller should be prepared to answer questions regarding their substance abuse problem through a short screening process to determine if an assessment is needed.

An assessment will determine the Level of Care for treatment. Referral to an appropriate treatment facility is coordinated by your Case Manager to assist the individual in starting treatment.

Case Managers will provide, or arrange for assistance to individuals to access available public funds for Drug and Alcohol treatment, including assistance in completing the MA application and/or any other avenue for funding until the individual receives financial assistance that enables access to the proper level of care.

To schedule appointments for Screening and Assessment:

724-223-1181 Option #1

#### **Case Coordination Services**

Case Coordination Services are offered to all individuals who are struggling with barriers as a result of their use of alcohol and/or other drugs. Case Coordination services assist individuals to identify non-treatment needs, develop/expand their current skills and increase supports for individual recovery needs.

Case Managers work with individuals to:

- Evaluate your needs
- Identify your strengths
- Help you with goal setting
- Link you to resources
- Coach you as you work toward your goals

Case Managers can work with individuals to improve in the following areas:

- Education/Employment
- Physical Health
- Emotional/Mental Health
- Family/Social
- Living arrangements/Housing
- Legal Status
- Basic Needs (Food, Clothing, Transportation)
- Life Skills

To schedule appointments for Case Coordination Services:

724-223-1181 Option # 1

#### **Recovery Support Services**

Certified Recovery Specialists (CRS) work closely with the Case Management Staff at Washington Drug and Alcohol Commission to assist individuals throughout the recovery process. Recovery Support Services are voluntary and free of charge. A CRS can help ensure that your basic needs are met, help you build upon your strengths, assist you in meeting your goals, and connect you to resources in the community.

CRS staff work with the individual to:

- Access community resources (education, housing, transportation, supports)
- Guidance on the recovery process
- Recovery education
- Help to develop a Personal Recovery Plan
- Assistance in building life skills (job searching, budgeting, interviewing, etc.)
- Telephonic Recovery Support (Checkups)
- Introduce and engage individuals in recovery into the recovery community
- Provide support before, during and after treatment
- Advocacy
- Outreach for individuals in early recovery
- Recovery Support Groups
- Referrals to Case Coordination

To schedule an appointment for Recovery Support Services:

724-223-1181 ext. 129