

WASHINGTON COUNTY CHILDREN & YOUTH SERVICES



Links and Resources For Help During COVID-19

In an effort to respond to the COVID-19 situation, we have prepared this guide to local resources available to children and families in the Washington County community. Every effort has been made to provide up-to-date information, however due to the rapidly evolving nature of events, please check with these resources regarding their current status, eligibility, and the process for accessing listed resources and/or support.

Updated 4/3/2020

Our Mission:

We are committed to the well-being of children and families. By empowering and engaging families and the community, safety and permanency can be achieved, and all members can thrive.

School District Distribution

Avella

Program for all children under 18, including non-school age children. Will include breakfast and lunch for each child present. Monday-Friday 9:00-11:00. Pick-up outside of the High School cafeteria.

Bentworth

Program for students who qualify for free/reduced Lunch. Will include breakfast and lunch. Parents/guardians need to call 724-239-5911 ext. 1278 and leave your child's name and ID# by 8:00 PM the night before. Pick-up is Monday-Friday 10:30-12:00 in front of the High School.

Bentworth Blessings is a community program for families within the district. Families will need to register with jennifer@bentworthblessings.org or speak with Michelle Schrieber or Susie Macik at the elementary center.

Bethlehem Center

Program for students under 18. Monday-Friday 11:00 to noon. Distribution locations — Elementary School, East Bethlehem Fire Hall, Richeyville VFD, Denbo Fire Hall, Marianna Fire Hall.

Brownsville

For free student meals during the shutdown call 724-785-2155 extension 2507, by 9:30 a.m. and let the cafeteria know how many meals are needed. Drive by pick up between 11:30 and 12:30 at the Middle School kitchen door, located at the back of the building.

Burgettstown

They are using FID days at this time. When a parent reports their child present for school, they are to indicate that they need lunch, too. Pick up 11:00-11:30 at Borough Building, Hanover Township Building, Shady Lane Parking Lot, Smith Township Building, and Tucker's Market.

California

Available for all children under 18. Pick up is 11:00-1:00 at the Roscoe Fire Hall, California Borough Building, Grace United Church, West Brownsville Fire Hall, and Crescent Heights Community Center.

Canon McMillan

Available for any child under 18, child must be present. Monday-Friday 11:00-Noon. Pick up at Muse Elementary in the back of the building in the parent loop, Wylandville Elementary at the front of the building, Middle School in the bus loop and at the High School on the side of the building in the parent loop.

Charleroi

Any child 2-18. Parents/caregivers need to complete the form on the District webpage the day before. Distribution is Monday-Friday 11:00-Noon. Pick up at the High School outside the auditorium, Fallowfield VFD (rear entrance), Charleroi VFD Annex (beside the VFD), Stockdale VFD, Lock No. 4 VFD (in front of the garage doors).

Chartiers-Houston

Parents need to call their child's building by noon the day before or no later than 9:00 am on the day of pick-up to indicate they want to participate. Allison Park-724-745-4700, Middle/Senior High 724-745-3350. Pick-up is Monday-Friday, 11:30-12:30 at the High School entrance, Door #4.

Fort Cherry

Children who qualify for free/reduced lunches. Pick-up is Monday-Friday 11:00 am—noon at Hickory EPC Church, McDonald Presbyterian Church, Center United Presbyterian Church-Midway.

McGuffey

All children under 18 are eligible. Pick-up is Monday-Friday from 11:30 am -1:00 pm at McGuffey Middle/High School by cafeteria doors / student drop off.

Peter's Township

Those interested in meals need to email holloway@pt-sd.org for information.

Trinity

Program is for all children under 18 includes breakfast and lunch. Pick-up is Monday-Friday, 10:00 am -Noon at the High School — Door # 28, Trinity North-Main Entrance.

Washington

Children can get a prepacked lunch at the following locations and times: 11:15-11:45 am at the Old Clark School: 1099 Allison Ave., 7th Ward Playground, Faith Christian School. From 12:00-12:30 pm at the 8th Ward Playground, Jollick Manor, Lemoyn Community Center.



Other Food Resources for Children and Families

Greater Washington Food Bank

Food distribution sites throughout the county. List of locations and eligibility criteria based on income (approx. 150% of poverty level) and family size is available on their website www.gwcfb.org or you can call them at 724-632-2190. Please check their Facebook page for up-to-date information about food distribution.

Washington Salvation Army

Information on their Facebook page about their Mobile Food Pantry in the Washington area and their Love in a Backpack effort. 724-225-5740

Women, Infants, and Children (WIC) Program

www.pawic.com or 1-800-WIC-WINS. Provides eligible families (pregnant women, postpartum women (up to 6 mos.), breastfeeding women (up to one year postpartum), and infants and children under age 5) with supplemental nutrition resources and support. Modified hours. Call the local office at Blueprints 1-877-814-0788 x440 to confirm hours.

County Assistance Office

Toll-free numbers for Washington 1-800-835-9720 and Mon-Valley 1-800-392-6932

City Mission

Daily meals Mon-Fri at 12:30 and 5:00. Sat—Sunday at 4:00. Pick-up at 56 W. Strawberry Ave., Washington. Also offering “pop-up pantries”. Check their Facebook page for locations.



To help you talk to your children about COVID-19

It is normal for children to be worried about what they are hearing about COVID-19. Young children may be more clingy, agitated, or restless. They may need more attention than usual during difficult times.

Make some time to talk to them. When you do, here are some things to remember:

- Remain calm and reassuring.
- Let them know that adults are working to keep them safe. Health and school officials are working to make sure people stay healthy.
- Share accurate information at a level they can understand for their age. You can find some sources of information in this guide.
- Don't blame any person or group of people as being responsible for the virus.
- Teach them how to reduce the spread of germs—proper handwashing, sneezing & coughing into their elbow, keeping your hands away from their face to help keep germs out of their body, and staying away from other people to prevent the spread of germs.
- Limit their exposure to COVID-19 information in the media. Let them know that some things they see online or on social media may not be true.
- Try to keep to a schedule or routine, as much as possible. Plan time for learning, play, and other activities. Get outdoors, if you can. Take a walk or play in the yard as a family—just remember social-distancing guidelines and remember to clean your hands frequently.

Some more tips are available at the CDC's website at:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>



Resource Directories

Washington County Human Services App

Information about services available in the county. The app is available on the App Store or via the County Website – www.co.washington.pa.us where there is a link toward the bottom of the home page.

Washington County Resource Directory

Information about a variety of services available to County residents. Available on the county's website www.co.washington.pa.us Look for the Human Services Department, then Behavioral Health & Developmental Services. The link to the directory is on the "Early Intervention" page – scroll to the bottom to find the link.

Take Care of Yourself

During times of stress and isolation it is important to take care of yourself, as well as those around you. While you may not be able to see those you care about in person, it's important to stay in touch. Calling a friend, a family member or reaching out to professionals in the community for support or help is a sign of strength. Here are some resources that may be helpful:

Center for Community Resources (CCR) — to access mental health treatment and services call CCR at (724) 914-3058 or toll-free 844-360-4372 or online at <https://ccrinfo.org/>

Mental Health Crisis Line — 1-877-225-3567

Washington Drug and Alcohol Commission (WDAC) — for information about substance abuse resources or for an assessment, contact WDAC at 724-223-1181, option 1 or check out their webpage <https://wdacinc.org/> or their Facebook page for information.

To find information about self-help groups for substance abuse look online at

- Alcoholics Anonymous — <https://www.aa.org/>
- Narcotics Anonymous — <https://na.org/>

Many self-help groups are meeting online or by phone. You can get more information at WDAC's website <https://wdacinc.org/> or Facebook page, or at

- Narcotics Anonymous — <https://virtual-na.org/>
- Alcoholics Anonymous — <https://www.pghaa.org/>



Free Things to do with Children

- **Virtual Zoo Visits** — Many zoos are offering livestreams and webcams, including:
 - ◆ The Pittsburgh Zoo website, www.pittsburghzoo.org is bringing the zoo to you and has webcams of animals and animal care videos on their website.
 - ◆ Zoo Cams — <http://www.mylivestreams.com/webcams/live-streaming-zoo-webcams/10308.html>
- **Virtual Museum Visits** — just search online for virtual museum tours and find many several museums that have virtual tours.
- **Tour National Parks** — <https://artsandculture.withgoogle.com/en-us/national-parks-service/parks>
- **Online storybook readings** are available at
 - ◆ **Storyline Online** — www.storylineonline.net
 - ◆ **Imagination Library** — <https://imaginationlibrary.com/> While you're there sign-up for your preschooler to receive free books.
- There are many websites with fun, free activities for children and families. Some of them are:
 - ◆ PBS activities and Games — <https://pbskids.org/>
 - ◆ Jumpstart.com
 - ◆ CircleTimeFun.com
 - ◆ KidsActivityBlog.com
 - ◆ Cosmic Kids Yoga — <https://www.cosmickids.com>
 - ◆ Ranger Rick Free games and activities — <https://rangerrick.org/>
 - ◆ K20 Learn — <https://learn.k20center.ou.edu/>
 - ◆ ABC Mouse is offering 30 days of free programming — <https://www.abcmouse.com/landing/brand:bing?msclkid=fe3ad62891341144563a885b0043c1e5>
 - ◆ Free Parenting Resources — <http://www.parenting-resources.com/free-parenting-resources.htm>
 - ◆ Neok12 — free games for kids at <https://www.neok12.com/games.htm>

Online Learning Resources

Lifelong learning is always important, even when kids aren't in school. These sites are good for all ages — young kids to adults:

- Scholastic Learn at Home — <https://classroommagazines.scholastic.com/support/learnathome.html>
- Khan Academy — <https://www.khanacademy.org/>
- Quizlet — <https://quizlet.com/>

Other Community Resources

- **Christ the Redeemer Diaper Pantry** — distribution is generally the 3rd Saturday of the month, but check their Facebook page and remember your WIC/SNAP card.



COVID-19 Information

Centers for Disease Control and Prevention (CDC)

<https://www.cdc.gov/> has up-to-date, reliable information on illness and health as well as child development, safe sleep, and parenting.

Tips for Social Distancing, Quarantine, and Isolation During an Infectious Disease Outbreak

<https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf>

Pennsylvania Department of Health

<https://www.health.pa.gov> has up-to-date information about COVID-19 in Pennsylvania

If your family needs something that is not on this list,
please let your caseworker know.

They can help you find resources in the community to help .